

Mark Rose Head of Performance Coaching & Strategic Aquatics Lead Head Coach – Swim England Performance Centre & City of Manchester Manchester Aquatics Centre, Booth Street East Manchester M13 9SS 07900418589 m.rose@mcractive.com

AGM – Head Coaches Report 2023

At last! We came back upstairs! Not quite back to normal but approaching normality. Best of all we have had meets again. A big thanks to all involved here, especially Sophie Parker and Thomas Dawson for working with us to make these appropriate to our swimmers.

If we take some headlines from 2023, our international roll of honour this year is. Jessica Calderbank – World Championships for Team Jamaica Jamie Ingram – Team England & the World Cup Reuben Rowbotham Keating – European Juniors Ashleigh Baillie – England Junior Team & European Juniors Toby Hill – England Junior Team Mark Rose –Head Coach to Senior England Team Coach & to European Juniors Lewis Fox – S&C Coach to England Junior Team Matt Turner – Group Coach to England Junior Team

Performance wise we have clearly had a great year.

These results are down to our close relationship with the city council, the governing body at national and regional level along with the unrelenting work of the committee, the volunteer workforce and the whole coaching team.

As we enter the next year, we have some exciting challenges ahead that could reap fruits for all our swimmers if we make the most of the opportunities.

New commercial Partner – Rising Stars Circuit has been sponsored by AWB & Son meaning that this crucial part of our pathway and an introduction to the competitive swimming world is in the short term secure financially.

This compliments our Kit Sponsor, Arena who we now enter our second decade of partnership with.

As always, we will need the support of the parents of our swimmers to staff our meets to make sure that they can run. This is the only reliable model that can be implemented to make sure all of our swimmers have appropriate racing opportunities.

The meets can also drive revenue and keep the fees across the board, the lowest in the UK as they are now.

If I can ask you to do anything to support your club, it is to get the qualifications need to be an official at ours and other meets we visit. This will make a massive difference to the swimmers in our team.

From the City perspective, CoMast are crucial in the delivery of our aquatic strategy. A strategy that is about to have a ten year revamp.

The importance of the system delivered that gives opportunities to Mancunians in an environment that empower those have the drive to perform alongside a local community slant is one that is a role model within the city.

We will work together to ensure that the opportunities are there to be developed for all club members.

The next year will provide additional opportunities as we partner as a city and with the club to develop the Para Centre into an integrated Swimming and Para Swimming, World Class program performance centre.

This will run alongside the Swim England performance centre delivered on the city's behalf by the club. This means the Comast delivers on behalf of the city, a regional centre, a home nation centre and works in partnership to deliver a British centre.

Showing yet again that sport is at the heart of the city and swimming is delivering on this agenda.

To 2024 ... Mark

