

Arena Manchester SnowPen Meet 2025

Warm Up Schedule

Session 1 – Saturday 20th December 2025

7.45 am to 8.00 am	Females	10 yrs and 12 yrs
8.00 am to 8.15 am	Females	13 yrs and over
8.15 am to 8.30 am	Open/Males	10 yrs to 13 yrs
8.30 am to 8.45 am	Open/Males	14 yrs and over

Session Start at 8.50 am

Session 2 - Saturday 20th December 2025

1.30 pm to 1.45 pm	Open/Males	10 yrs to 13 yrs
1.45 pm to 2.00 pm	Open/Males	14 yrs and over
2.00 pm to 2.15 pm	Females	10 yrs and 12 yrs
2.15 pm to 2.30 pm	Females	13 yrs and over

Session Start at 2.30 pm

Session 3 - Sunday 21th December 2025

7.45 am to 8.00 am	Open/Males	10 yrs to 13 yrs
8.00 am to 8.15 am	Open/Males	14 yrs and over
8.15 am to 8.30 am	Females	10 yrs and 12 yrs
8.30 am to 8.45 am	Females	13 yrs and over

Session Start at 8.50 am

Session 4- Sunday 21th December 2025

1.30 pm to 1.45 pm	Females	10 yrs and 12 yrs
1.45 pm to 2.00 pm	Females	13 yrs and over
2.00 pm to 2.15 pm	Open/Males	10 yrs to 13 yrs
2.15 pm to 2.30 pm	Open/Males	14 yrs and over

Session Start at 2.30 pm

During each section of Warm Up one way swimming lanes will be made available.

Coaches and Team Managers are directly responsible for the supervision and instruction of their swimmers during all designated warm ups