

ARENA Manchester Non-National Meet

13th and 14th July 2024

Warm-Up Schedule

Saturday 13th July Session 1 - Start at 8.30am

7.30am – 7.45am Female 12 years and under

7.45am – 8.00am Female 13 years and over

8.00am – 8.15am Open/Male 12 years and under

8.15am – 8.30am Open/Male 13 years and over

Saturday 13th July Session 2 - Start at 2.00pm

1.00pm – 1.15pm Open/Male 12 years and under

1.15pm – 1.30pm Open/Male 13 years and over

1.30pm – 1.45pm Female 12 years and under

1.45pm – 2.00pm Female 13 years and over

Sunday 14th July Session 3 - Start at 8.30am

7.30am – 7.45am Open/Male 12 years and under

7.45am – 8.00am Open/Male 13 years and over

8.00am – 8.15am Female 12 years and under

8.15am – 8.30am Female 13 years and over

Sunday 14th July Session 4 - Start at 2.00pm

1.00pm – 1.15pm Female 12 years and under

1.15pm – 1.30pm Female 13 years and over

1.30pm – 1.45pm Open/Male 12 years and under

1.45pm – 2.00pm Open/Male 13 years and over

For Information

We will have a 15 minute break between event 104 and 105 (Session 1)

We will have a 15 minute break between event 203 and 204 (Session 2)

We will have a 15 minute break between event 304 and 305 (Session 3)