## ARENA Manchester Non-National Meet 13<sup>th</sup> and 14<sup>th</sup> July 2024 Warm-Up Schedule

Saturday 13 <sup>th</sup> July	Session 1	- Start at 8.30am
7.30am – 7.45am	Female	12 years and under
7.45am – 8.00am	Female	13 years and over
8.00am – 8.15am	Open/Male	12 years and under
8.15am – 8.30am	Open/Male	13 years and over
Saturday 13th July	Session 2	- Start at 2.00pm
1.00pm – 1.15pm	Open/Male	12 years and under
1.15pm – 1.30pm	Open/Male	13 years and over
1.30pm – 1.45pm	Female	12 years and under
1.45pm – 2.00pm	Female	13 years and over
Sunday 14 <sup>th</sup> July S	ession 3	- Start at 8.30am
<b>Sunday 14<sup>th</sup> July S</b> 7.30am – 7.45am	ession 3 Open/Male	- Start at 8.30am 12 years and under
7.30am – 7.45am	Open/Male	12 years and under
7.30am – 7.45am 7.45am – 8.00am	Open/Male Open/Male	12 years and under 13 years and over
7.30am – 7.45am 7.45am – 8.00am 8.00am – 8.15am	Open/Male Open/Male Female Female	<ul><li>12 years and under</li><li>13 years and over</li><li>12 years and under</li></ul>
7.30am – 7.45am 7.45am – 8.00am 8.00am – 8.15am 8.15am – 8.30am	Open/Male Open/Male Female Female	<ul><li>12 years and under</li><li>13 years and over</li><li>12 years and under</li><li>13 years and over</li></ul>
7.30am – 7.45am 7.45am – 8.00am 8.00am – 8.15am 8.15am – 8.30am <b>Sunday 14<sup>th</sup> July S</b>	Open/Male Open/Male Female Female	12 years and under 13 years and over 12 years and under 13 years and over - Start at 2.00pm
7.30am – 7.45am 7.45am – 8.00am 8.00am – 8.15am 8.15am – 8.30am <b>Sunday 14<sup>th</sup> July S</b> 1.00pm – 1.15pm	Open/Male Open/Male Female Female ession 4 Female	12 years and under 13 years and over 12 years and under 13 years and over - Start at 2.00pm 12 years and under

## **For Information**

We will have a 15 minute break between event 104 and 105 (Session 1) We will have a 15 minute break between event 203 and 204 (Session 2) We will have a 15 minute break between event 304 and 305 (Session 3)