(Level 3 Licence No. TBC)

Manchester Aquatics Centre, 2 Booth Street East, Manchester, M13 9SS
Saturday 30th September and Sunday 1st October 2023

## ARENA MANCHESTER REGIONAL QUALIFIER 2023

## (50m) MEET CONDITIONS

## 1. General Conditions

a. The City of Manchester Aquatic Swim Team Committee reserves full power over the meet. Management and Promoters responsibilities shall be delegated to the Meet Management Group and their nominated representative at the event.
b. The Event shall be held under Swim England (SE) Rules and the relevant FINA/World Para Swimming rules.
c. The structure, programme and delivery of the meet will be subject to Government (National or Local), Swim England or facility guidelines in relation to COVID-19.

## 2. Events

a. Individual Events:
i. $50 \mathrm{~m}, 100 \mathrm{~m}, 200 \mathrm{~m}, 400 \mathrm{~m}$ Freestyle,
li. $50 \mathrm{~m}, 100 \mathrm{~m}, 200 \mathrm{~m}$ Backstroke, Breaststroke and Butterfly
ii. $200 \mathrm{~m}, 400 \mathrm{~m}$ Individual Medley
b. All individual events are available for both Open and Female competitors aged 11 years and above.
c. 10 years and under swimmers are not eligible to enter the 400 m Freestyle, 200 m Butterfly or 400 m Individual Medley.
d. The schedule of events shall be published in addition to these conditions (see below).

In line with the Swim England Transgender and non-binary competition policy, please see information on the definition of categories:
Female - Athletes with a birth sex of female.
Open - Athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the female category.

To view the policy please click here.
3. Entries
a. Individual competitors
i. Entries may only be accepted from competitors registered with SE or their own national association as appropriate at the closing date for entries.
ii. Individual events for both open and female swimmers will comprise of $10 \mathrm{yrs} / \mathrm{under}, 11 \mathrm{yrs}$, $12 \mathrm{yrs}, 13 \mathrm{yrs}, 14 \mathrm{yrs}, 15 \mathrm{yrs}$ and $16 /$ Over
b. Ages as at 1st October 2023.
c. All competitors are required to comply with the entry process and pay the required fees.
d. Entries will be accepted on a FIRST COME, FIRST SERVED basis.
e. Entries together with the appropriate fees must be received no later than the published closing time
and date
i. The Closing date for entries 11:59pm Wednesday 6th September 2023 or WHEN FULL if earlier than this date
ii. The meet will be deemed full when each session time reaches 3.5 hours.
f. Entry times in either 50 m pool or converted 25 m times are permitted.
g. Entry times to be taken from a licensed meet. However, where times are considerably out of date in order to ensure fair swimming to all competitors and the smooth running of the meet, times can be submitted by the relevant Club Coach.
h. The schedule of consideration times and event schedule shall be published in addition to these conditions (see below).
i. Entrants must not have achieved a time slower than the consideration time for their age group in any event they wish to enter.
j. Submitted entry times shall be used for seeding and rejection purposes as required.
i. Once a time has been submitted improved times will not be permitted.
ii. No refunds shall be given for entries incorrectly submitted.
k. The Meet Management Group has the authority to adjust the number of entries accepted to ensure the efficient running of the Meet in the interest of safety, time constraints and to ensure the smooth running of the competition.
j. Events chosen for restriction will be at the discretion of the promoter.
i. A refund will be given to competitors whose entry is denied where this condition has been exercised.

## 4. Meet Procedure

a. All events are Heat Declared Winner (HDW).
b. Heats will be seeded by submitted entry time in accordance with Fina Rules.
i. Competitors whose entries have been accepted will be expected to swim unless they have complied with the withdrawals procedure.
C. Clubs must comply with the Swim England supervision ratios; document can be found here: https://www.swimming.org/swimengland/swim-england-relases-supervision-ratios-policy/
c. All Coaches, Chaperones and Personal Care Attendants must conform to the Swim England Safeguarding Procedures, hold a current DBS certificate and relevant qualifications.

## 5. Para Swimmers

a. The general conditions for the Arena Manchester Regional Qualifier 2023 shall apply to all para competitors.
b. The competition format will be based upon Para Swimmers inclusion within the schedule of events. As such, there will be no separate events for swimmers with disabilities.
c. Entrants must not have achieved a time slower than the para consideration times listed below. Swimmers will be seeded in the heats according to their entry times.
d. Para swimmers will be included within the results for their age group.
e. Chaperones for para athletes are to be on a 1:1 basis.

## 6. Withdrawal from Heats

a. Withdrawals must be made no later than one hour before the advertised start time of the relevant session.
b. Withdrawals can be made in the following ways:
i. In person by completing an official withdrawal form (available at the Sport Information Desk)
ii. By email to wd@cityofmanchesterswimteam.co.uk
c. All withdrawals must state NAME, CLUB, EVENT NUMBER, EVENT, COMPETITOR NUMBER.
d. There will be no refund of entry fees for such withdrawals.

## 7. Call Room

a. Swimmers must report to the Stewards in the Call Room for Heats and follow their direction. It is the competitor's responsibility to report in sufficient time and be available to parade for their event.
b. All competitors are required to report 'race ready' as under normal circumstances having entered the Call Room they should remain in the confines until led on to the deck for their race.
c. Coaches and Team Staff will not be allowed to enter the Call Room.
8. Any point not covered in these conditions shall be at the discretion of the Meet Management Group and their nominated representative at the event.

PROGRAMME OF EVENTS

| SESSION ONE <br> SATURDAY 30th SEPTEMBER 2023 - Start Time TBC |  |  |
| :---: | :---: | :---: |
| 101 | Female | 400m Individual Medley |
| 102 | Open | 50m Breaststroke |
| 103 | Female | 50m Butterfly |
| 104 | Open | 100m Freestyle |
| 105 | Female | 200m Backstroke |
| 106 | Open | 200m Backstroke |
| 107 | Female | 100m Breaststroke |
| 108 | Open | 200m Individual Medley |
|  |  | SESSION TWO <br> SATURDAY 30th SEPTEMBER - Start Time TBC |
| 201 | Open | 400m Freestyle |
| 202 | Female | 200m Butterfly |
| 203 | Open | 200m Breaststroke |
| 204 | Female | 50m Backstroke |
| 205 | Open | 100m Butterfly |
| 206 | Female | 200m Freestyle |
| 207 | Open | 50m Freestyle |


| SESSION THREE <br> SUNDAY 1st OCTOBER 2023 - Start Time TBC |  |  |
| :---: | :---: | :---: |
| 301 | Open | 400m Individual Medley |
| 302 | Female | 100m Freestyle |
| 303 | Open | 100m Backstroke |
| 304 | Female | 50m Breaststroke |
| 305 | Open | 50m Butterfly |
| 306 | Female | 100m Backstroke |
| 307 | Open | 100 Breaststroke |
| 308 | Female | 200 Individual Medley |
|  |  | SESSION FOUR <br> SUNDAY 1st OCTOBER 2023 - Start Time TBC |
| 401 | Female | 400m Freestyle |
| 402 | Open | 200m Butterfly |
| 403 | Female | 200m Breaststroke |
| 404 | Open | 50m Backstroke |
| 405 | Female | 100m Butterfly |
| 406 | Open | 200m Freestyle |
| 407 | Female | 50m Freestyle |

CONSIDERATION TIMES
Entry times must be no slower than those listed in the table below
Entry times in either 50 m pool or converted $\mathbf{2 5 m}$ times are permitted

|  | Open |  |  |  |  |  |  | Females |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 10/U | 11 | 12 | 13 | 14 | 15 | 16+ | 10/U | 11 | 12 | 13 | 14 | 15 | 16+ |
| 50m Freestyle | 44.00 | 39.90 | 37.50 | 36.00 | 34.70 | 31.90 | 28.50 | 45.00 | 41.50 | 39.00 | 37.00 | 35.00 | 33.00 | 32.00 |
| 100m Freestyle | 1:30.90 | 1:27.90 | 1:24.90 | 1:19.00 | 1:14.00 | 1:09.00 | 1:02.00 | 1:35.00 | 1:30.00 | 1:25.00 | 1:20.00 | 1:15.00 | 1:10.00 | 1:08.00 |
| 200m Freestyle | 3:30.00 | 3:15.00 | 2:55.00 | 2:42.00 | 2:35.00 | 2:27.00 | 2:18.90 | 3:40.00 | 3:10.00 | 3:05.00 | 2:55.00 | 2:40.00 | 2:30.00 | 2:20.00 |
| 400m Freestyle | 07:0 | 6:45.00 | 6:20.00 | 5:55.00 | 5:35.00 | 5:10.00 | 4:52.00 |  | 6:30.00 | 6:15.00 | 6:00.00 | 5:35.00 | 5:20.00 | 5:10.00 |
| 50 Backstroke | 47.50 | 45.50 | 43.50 | 41.50 | 39.50 | 37.50 | 35.00 | 1:00.00 | 55.00 | 50.00 | 45.00 | 42.00 | 38.00 | 35.00 |
| 100 Backstroke | 1:45.00 | 1:41.00 | 1:36.00 | 1:32.00 | 1:27.00 | 1:22.00 | 1:18.00 | 2:05.00 | 1:55.00 | 1:50.00 | 1:45.00 | 1.40 .00 | 1:30.00 | 1:20:00 |
| 200m Backstroke | 3:40.00 | 3:30.00 | 3:20.00 | 3:15.00 | 3:10.00 | 2:55.00 | 2:40.00 | 4:10.00 | 4:00.00 | 3:50.00 | 3:40.00 | 3:30.00 | 3:20.00 | 3:10.00 |
| 50m Breaststroke | 57.00 | 54.00 | 51.00 | 48.00 | 45.50 | 41.00 | 37.00 | 1:00.00 | 55.00 | 53.00 | 49.00 | 45.00 | 42.00 | 37.00 |
| 100m Breaststroke | 2:00.00 | 1:50.00 | 1:45.00 | 1:40.00 | 1:35.00 | 1:28.50 | 1:24.00 | 2:05.00 | 1:55.00 | 1:50.00 | 1:45.00 | 1:40.00 | 1:35.00 | 1:30.00 |
| 200m Breaststroke | 4:10.00 | 4:00.00 | 3:45.00 | 3:30.00 | 3:20.00 | 3:05.00 | 2:55.00 | 4:20.00 | 4:10.00 | 3.55 .00 | 3:40.00 | 3:30.00 | 3:20.00 | 3:10.00 |
| 50m Butterfly | 51.00 | 48.00 | 45.00 | 42.00 | 39.00 | 34.50 | 30.00 | 52.00 | 50.00 | 48.00 | 45.00 | 42.00 | 38.00 | 35.00 |
| 100m Butterfly | 2:00.00 | 1:53.00 | 1:45.00 | 1:33.00 | 01:24.00 | 01:15.00 | 01:09.50 | 02:07.00 | 01:55.00 | 01:50.00 | 01:40.00 | 01:32.00 | 01:25.00 | 01:20.00 |
| 200m Butterfly |  | 4:00.00 | 3:40.00 | 3.15 .00 | 3:05.00 | 2:50.00 | 2:40.00 |  | 4:00.00 | 3:45.00 | 3:30.00 | 3:10.00 | 2:55.00 | 2:45.00 |
| 200m IM | 3:40.00 | 3:30.00 | 3:20.00 | 3:10.00 | 3:00.00 | 2:50.00 | 2:40.00 | 3:50.00 | 3:35.00 | 3:22.00 | 3:17.00 | 3:10.00 | 3:00:00 | 2:50.00 |


| 400m IM | 7:10.00 | 6:55.00 | 6:45.00 | 6:25.00 | 6:00.00 | 5:45.00 | 7:20.00 | 6:55.00 | 6:45.00 | 6:35.00 | 6:20.00 | 5:50.00 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |

PARA SWIMMER CONSIDERATION TIMES
Entry times must be no slower than those listed in the table below Entry times in either 50 m pool or converted $\mathbf{2 5 m}$ times are permitted

|  |  |  |  | style |  | Back | roke |  |  |  | Breas | roke |  | Individual |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 50 m | 100m | 200m | 400m | 50m | 100m | 50 m | 100m |  | 50 m | 100m |  | 200m |
| S1 | Boys | 2:24.08 | 5:08.88 | 8:12.64 |  | 1:56.90 | 4:01.10 |  |  | SB1 | 2:55.36 |  | SM1 |  |
|  | Girls | 2:54.58 | 6:39.41 | 10:35.89 |  | 3:37.46 | 7:10.90 |  |  |  | 3:37.31 |  |  |  |
| S2 | Boys | 1:35.54 | 4:17.79 | 6:38.17 |  | 1:26.70 | 3:07.09 | 3:50.69 |  | SB2 | 1:33.18 |  | SM2 |  |
|  | Girls | 2:29.15 | 5:18.77 | 11:07.74 |  | 2:06.82 | 4:27.55 | 3:43.66 |  |  | 2:13.25 |  |  |  |
| S3 | Boys | 1:09.58 | 2:47.86 | 5:38.21 |  | 1:17.31 |  | 2:14.69 |  | SB3 | 1:19.95 |  | SM3 |  |
|  | Girls | 1:13.26 | 2:57.23 | 7:56.62 |  | 1:29.76 |  | 1:52.06 |  |  | 1:32.19 |  |  |  |
| S4 | Boys | 1:04.64 | 2:18.43 | 4:59.39 |  | 1:12.74 |  | 1:13.62 |  | SB4 |  | 2:48.19 | SM4 |  |


|  | Girls | 1:09.71 | 2:19.39 | 5:31.02 |  | 1:23.36 |  | 1:36.94 |  |  | 3:00.86 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| S5 | Boys | 52.54 | 1:50.91 | 4:06.69 |  | 57.87 |  | 59.65 |  | SB5 | 2:37.57 | SM5 | 5.27 .01 |
|  | Girls | 1:01.28 | 2:13.26 | 4:35.55 |  | 1:13.09 |  | 1:14.69 |  |  | 2:41.98 |  | 5:55.60 |
| S6 | Boys | 48.94 | 1:45.73 |  | 8:20.06 |  | 2:07.49 | 52.43 |  | SB6 | 2:15.20 | SM6 | 4:28.83 |
|  | Girls | 54.54 | 1:57.57 |  | 8:43.15 |  | 2:16.48 | 58.85 |  |  | 2:41.10 |  | 4:53.44 |
| S7 | Boys | 45.58 | 1:39.92 |  | 7:41.90 |  | 1:56.50 | 48.58 |  | SB7 | 2:09.07 | SM7 | 4:10.34 |
|  | Girls | 55.06 | 1:56.70 |  | 8:33.92 |  | 2:15.15 | 58.88 |  |  | 2:28.34 |  | 4:52.05 |
| S8 | Boys | 43.62 | 1:35.71 |  | 7:24.18 |  | 1:49.87 |  | 1:40.24 | SB8 | 1:55.06 | SM8 | 4:52.67 |
|  | Girls | 49.23 | 1:45.02 |  | 7:59.22 |  | 2:04.64 |  | 2:02.82 |  | 2:15.52 |  | 4:30.37 |
| S9 | Boys | 41.86 | 1:30.06 |  | 6:53.28 |  | 1:43.57 |  | 1:37.22 | SB9 | 1:47.04 | SM9 | 3:42.24 |
|  | Girls | 47.33 | 1:41.54 |  | 7:38.93 |  | 1:55.23 |  | 1:50.99 |  | 2:04.67 |  | 4:14.82 |


| S10 | Boys | 38.05 | 1:23.18 |  | 6:34.58 | 1:34.88 | 1:29.38 | SB10 |  | SM10 | 3:32.24 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Girls | 44.85 | 1:37.66 |  | 7:18.99 | 1:51.01 | 1:48.51 |  |  |  | 3:58.29 |
| S11 | Boys | 43.22 | 1:35.66 |  | 7:53.28 | 1:56.67 | 1:44.70 | SB11 | 2:03.44 | SM11 | 4:03.31 |
|  | Girls | 49.70 | 1:51.18 |  | 8:49.44 | 2:10.16 | 2:14.67 |  | 2:19.60 |  | 4:49.56 |
| S12 | Boys | 38.50 | 1:27.39 |  | 7:11.28 | 1:38.34 | 1:32.75 | SB12 | 1:52.40 | SM12 | 3:40.70 |
|  | Girls | 46.53 | 1:37.46 |  | 7:41.92 | 1:56.27 | 1:48.70 |  | 2:09.28 |  | 4:10.78 |
| S13 | Boys | 38.06 | 1:24.11 |  | 6:41.26 | 1:37.33 | 1:33.71 | SB13 | 1:48.30 | SM13 | 3:36.05 |
|  | Girls | 44.35 | 1:37.06 |  | 7:31.66 | 1:50.88 | 1:45.28 |  | 2:02.77 |  | 3:54.66 |
| S14 | Boys | 40.64 | 1:26.46 | 3:08.56 | 6:56.90 | 1:38.78 | 1:32.58 | SB14 | 1:47.95 | SM14 | 3:32.35 |
|  | Girls | 45.66 | 1:38.06 | 3:23.66 | 7:45.50 | 1:47.81 | 1:44.75 |  | 2:02.94 |  | 3:52.02 |

